



AUTUMN SOS

Prepare for the colder months and give your skin the best possible chance to retain the radiance and suppleness you enjoyed over summer.

Changes in weather can exacerbate the damages caused by free radicals, e.g. generated by pollution. They damage the skin's DNA, proteins and slow down your skin's healing properties. They attack our skin's collagen & elastin fibres, accelerating the appearance of fine lines & wrinkles. The damaging effects of free radicals are exacerbated by vitamin & antioxidant deficiencies. Eating plenty of healthy, nutrient-rich food such as whole grains and fruits & vegetables, as part of your anti ageing program and general well being, increases the intake of beneficial vitamins and antioxidants, which can neutralize the free radicals and help maintain the health of the skin.

VITAMIN C

Ascorbic acid is water-soluble and the body is unable to store it. Therefore, vitamin C must be taken on a daily basis. It supports & stimulates collagen synthesis and its anti-oxidant properties reduce damages done by free radicals. The best dietary sources include kiwi, citrus fruits such as grapefruits and oranges, red capsicum, tomatoes, broccoli, spinach, guava & fresh juices made from any of these.

VITAMIN E

Vitamin E assists skin healing & protects cellular membranes. Its anti-oxidant properties are anti wrinkle & reduce the damage done by free radicals, maintaining the health of skin cells. Dietary sources include cold pressed wheat germ oil, walnuts & almonds, whole grains, avocado, kiwi & mango.

VITAMIN A

Vitamin A, Retinol, is fat-soluble & is found only in animal products. It softens rough skin, improves skin texture & increases the skin's natural defence barrier. Its anti-oxidant properties reduce the damages done by free radicals. Best dietary sources include cod liver oil, un-homogenised fresh milk, liver and eggs.

PRO-VITAMIN A

The body converts Pro-vitamin A carotene into retinol. Best dietary sources are carrot, sweet potato, pumpkin, rock melon, apricot, papaya, mango & dark leaf vegetables.

GERnétic products can support you in this fight as applying a nutritive, concentrated cream topically can also provide powerful protection against damaging free radicals.

GERnétic's **SYNCHRO** is more than one of the best anti-ageing products. It provides nutrients that are in harmony with the skin cells' own composition. It contains 3 biological compounds rich in amino acids & trace elements that increase skin rejuvenation & tissue repair.

SYNCHRO provides a cocktail of vitamins A, C, E, H & B complex, essential nutrients for the protection of the cells from the damaging action of free radicals. With its unrivalled regenerating and healing powers, **SYNCHRO** is the one cream you cannot go without.



GERnétic's **NUCLEA** is a very effective repairing cream designed to complement Synchro, dramatically reducing the depth of wrinkles and restoring prematurely aged skin. Its three nutritional biological compounds, rich in proteins, peptides, trace elements and nourishing oils, are combined with a skin repair factor to create an anti-age cream "par excellence".



CYTOBI is GERnétic's soothing and nutritive cream which provides all the essential molecules your skin needs for its health. It is the ultimate weapon against all skin sensitivities including rosacea, eczema and psoriasis. Its synergy of five nutritional biological compounds rich in proteins, biopeptides, trace elements & nourishing oils providing vitamins A, C, E, H and almost all the vitamins from the B series. **CYTOBI** strengthens your skin's defence mechanism & reduces sensitivity and skin inflammation.

GERnétic's stimulating serum **MITO SPECIAL+** brings energy to the cells' "powerhouse", boosting epidermal regeneration. Its synergy of glycoproteins, peptides, and expertly balanced amino acids stimulates collagen production and revives lifeless skin.



The light textured **GEROXY** cream activates the skin's micro circulation, increasing moisture to the skin's surface. Seven plant extracts combined with a complex of amino-acids, vitamins and hydrating oils contribute to an increased supply in nutrients to oxygenate, hydrate and protect your skin.



Visit

www.gernetic.co.uk

Email:

info@gernetic.co.uk

Tel: 01202 309913



TALK TO US!

Want to find out more or want us to tell you how we can help you achieve the skin you've always dreamt about?

Speak to your local beauty salon or visit our website

www.gernetic.co.uk

or Phone us on 01202 309913 and we will be very happy to discuss any topic.

We are here to help!

GERNÉTIC BEAUTY

@MargueriteThorpe

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AUTUMN –

Relax and love your skin

Now that the social whirl of the summer is over, it is time to relax and to look after yourself. Just a few minutes of “Me Time” a day can dramatically help to relieve stress and to rejuvenate your skin. Finding the time to pamper ourselves is often last on our list, but a little effort goes a long way to healthier, younger looking skin! Whatever skin type, damaged, ageing or just a little dull, GERnétic's regenerating products are perfect for some TLC. When it comes to your skincare routine, make this autumn about choosing the best products to nourish and regenerate your skin.

MITO SPECIAL PLUS is GERnétic's renowned regenerating serum, increasing cellular energy and activity for a brighter, more youthful complexion. Used with **IMMUNO** GERnétic's most important mask, your skin will be left feeling the love!



Our most important mask, **IMMUNO** supports the regeneration of basal cells and healthy renewal of epidermis cells. Rich in amino acids & trace elements, **IMMUNO** is purifying and toning, playing a key role in restoring and regulating the skin functions. Its rejuvenating properties make it an incredibly effective anti-ageing product, leaving skin healthy and glowing. Make time to enjoy a mask and reveal a radiant, younger looking you!



And while you are under the mask, why not take a warm bath with **SPA BATH SALTS** or indulge in a massage to help release endorphins and alleviate sore muscles. Have you tried a rub down with **GERTHÉRAPI**? With a base of organic macadamia and grape seed oils, **GERTHÉRAPI** is rich in essential fatty acids that give it its distinctive skin-beneficial properties. It is packed with plant extracts, such as artichoke, cypress, burdock and horse chestnut well-known for their numerous properties such as draining, vascularising decongesting, anti-inflammatory, anti-oxidant, relaxing, anti-stress, anti-fatigue and pain relief. **GERTHÉRAPI** has a velvety texture and the 100% pure essential oils of Ravensara aromatica and citronella give it a wonderfully aromatic bouquet.



SPECIAL SYNCHRO OFFER COMING SOON

GERnétic's well-loved and most eagerly awaited Special Synchro offer is arriving soon!

As every year, you can choose a 30ml specialist product to complement your 50ml **SYNCHRO**, depending on your specific needs.

SYNCHRO - Balancing cream for dry and normal skin

Often copied but never equalled, **SYNCHRO** cream with its regenerative powers is designed to nourish and revitalize your skin. As a basic cream for all GERnétic's beauty products, it is applied after the majority of other creams and sometimes in combination with them. Its synchronising action reinforces them and accelerates the results.

Thanks to its active ingredients, **SYNCHRO** stimulates and maintains an optimum level of cellular renewal.

With the **SYNCHRO** 50ml you have the choice of

CYTOBI

CYTOBI is the ultimate defence against ageing. Super nutritive cream with exceptional results for all kinds of skin problems like acne rosaceous and eczema.

IMMUNO

IMMUNO is a nutritive creamy mask with essential stimulating and regenerating action. Mix with **SYNCHRO** to regenerate, firm and improve the skin. Excellent for reducing scarring.

VASCO

VASCO is the perfect cream for sensitive skin and those with redness. Provides comfort and softness. Helps with blotchiness and couperose.

MYOMYOSO

MYOMYOSO is a toning and lifting cream. Optimises activity of facial muscles. Strengthens the elasticity of your skin, and smooths away wrinkles.

NUCLEA

NUCLEA is an intensive, regenerating and repairing booster cream, excellent results on skin with depigmentation. Non-greasy.

Choose the Duo pack that suits you and your skin!
Hurry as stock is limited!



The Secret to Anti-Ageing!

Not all bacteria are equal!
Thermus Thermophilus is a
transformative transformative
in treating the signs of ageing.

In the world of skincare, the pursuit of effective anti-ageing solutions is a constant journey. **Thermus Thermophilus** ferment, derived from a resilient bacterium thriving in extreme conditions, has emerged as a transformative ingredient in the fight against ageing. From its antioxidant prowess to collagen-boosting abilities, this unique bacterium offers a multifaceted approach to promoting youthful and radiant skin.

Thermus Thermophilus is a bacterium that thrives in temperatures of over 70 degrees celcius. It can live thousands of feet below the ocean's surface as well as in volcanic or thermal areas. What makes this microorganism particularly fascinating is its ability to adapt and survive in these harsh settings and most excitingly its ability to repair its own genetic makeup! Scientists have harnessed the power of **Thermus Thermophilus** for use in skincare. It has become clear that its benefits in anti-ageing are unique and extraordinary.

How can **Thermus Thermophilus** help ageing skin?

Antioxidant properties. Antioxidants play a crucial role in neutralizing free radicals. This helps to protect the skin from environmental aggressors such as sunlight and pollution all of which impact the skin, causing it to age more quickly.

Collagen Boosting and Firming. By promoting collagen synthesis, this powerful ingredient contributes to a smoother and more youthful complexion, diminishing the appearance of fine lines and wrinkles.

Hydration and Moisture Retention. Supports the skin's hydration levels by acting as a natural moisture-retaining agent. By enhancing the skin's ability to retain water, products infused with **Thermus thermophilus** ferment contribute to a plump and hydrated complexion.

Cellular Renewal and Regeneration. **Thermus thermophilus** ferment can promote cellular renewal and regeneration. It helps in shedding old, damaged skin cells and encourages the growth of new, healthier ones. This process not only revitalizes the skin but also contributes to a more even tone and texture.

Protection Against UV Damage. Demonstrates protective properties against UV damage, acting as a shield for the skin. This additional layer of defence helps mitigate the harmful effects of sun exposure, reducing the risk of sunspots and wrinkles.

GERnetic's **LES PARFAIT RANGE** has harnessed the power of **Thermus Thermophilus** to bring you its premium anti-ageing line which contains some of the most effective anti-ageing products, providing quintessential rejuvenation. These three products help the fight against wrinkles to retain and regain a youthful and healthy appearance. They are the result of extensive research into cellular biology and advanced biotechnology and make use of some of the most potent active ingredients.

With a day and a night cream as well as a concentrated serum, you can now experience an all-round anti-ageing treatment and turn back the hands of time.

The **LES PARFAIT RANGE** slows down the biological process of ageing by providing **Thermus Thermophilus** directly to the cell. Along with other important active ingredients working in synergy, **LES PARFAITS** address all signs of ageing, working at the heart of the cell to repair any age-related damage.

CONCENTRATED REPAIRER SERUM (17ml)

CONCENTRATED REPAIRER is the ultimate anti-ageing serum. It naturally rebuilds the matrix in conjunctive tissues by boosting the activity of the fibroblasts, thus increasing the skin's elasticity. **CONCENTRATED REPAIRER** also provides genuine cellular repair in ageing, demineralized, dehydrated skin, marked by wrinkles, small lines and slackening tissue.



YOUTH CREAM (DAY CREAM) (30ml)

YOUTH CREAM is a powerful protective, detoxifying and repairing cream. It reverses skin damage caused by the sun and gives the skin a genuine biological 'lifting' effect to help preserve or regain a youthful appearance.



TIME-DEFYING CREAM (NIGHT CREAM) (30ml)

Containing a powerful cocktail of active nutrients to combat ageing at cellular level, **TIME-DEFYING CREAM** regenerates the skin from within. **TIME-DEFYING CREAM** has soothing and desensitizing benefits, it is particularly recommended for sensitive and fragile skin.

